

LIFE notes

LIFE prides itself on helping those in need and for being the champion for those who cannot speak but who enrich our lives and every day make us a little more ... human.

LIFE Springs Into May With an Attitude of Gratitude

May 15, 2023



Dear Friends:

As with all the months of the year, May is filled with days and weeks celebrating, commemorating, and observing everything from the silly to the serious, from the frivolous to the inspirational.

There is “Intergalactic Star Wars Day” (May the 4th be with you!) and National Home Front Heroes Day (May 9). There is Stomp Out Hunger Food Drive Day (May 13). There is “Cinco de Mayo” (or, as some call it, National Guacamole and Margherita Day), and there is Mother’s Day, always the second Sunday of the month, as all our friends in the greeting card, chocolate, and flower industries remind us.



Lois Pope with the proclamation from Palm Beach County commissioners declaring April 4 as Lois Pope Day!

“Gratitude is not only the greatest of virtues, but the parent of all the others.”

--Marcus Tullius Cicero

There is Be Kind to Animals Week, designated by our partners at American Humane as the first week of May, and National Teacher’s Week, the second week of the month. And, of course, May is Mental Health Awareness Month and National Physical Fitness and Sports Month, and of special importance, Military Appreciation Month.

To be sure, not a day in May goes by when we don’t express our gratitude to someone or something and in some fashion.

Expressing gratitude, however, should never be confined to one particular day, or week, or month. It should be a 24/7/365 principle – not just because it is right but also because offering a simple thank you can make all the difference in your life and in the lives of others. I remember as a young schoolgirl learning the words of the ancient Roman philosopher Cicero: “Gratitude is not only the greatest of virtues but the parent of all others.”

Then again, gratitude should not be a means to an end. Indeed, what we at LIFE have achieved over the past three decades – giving voice to the voiceless, giving strength to the weakest and most vulnerable – has been, and always will be, driven by our collective commitment to purpose and mission.

With that said, there has been an attitude of gratitude in the air, and I'm so grateful to declare:

- ★ Palm Beach County Commissioners designated April 4, 2023, as “Lois Pope Day” to thank me – and by extension, all of you – for creating and supporting hungry children in the region through the Lois’ Food4Kids program at the Palm Beach County Food Bank.
- ★ Magen David Adom, Israel’s National Emergency Service, threw me a Sweet Sixteen party to express gratitude for the 15 ambulances (soon to be 16 ambulances) I have donated, all in honor of LIFE friends such as Tova Leidesdorf.
- ★ American Humane, LIFE’s longtime partner in animal welfare and well-being, honored me twice, presenting me with its inaugural Betty White Legacy Award, followed by a party hosted by Dr. Robin Ganzert and Tova Leidesdorf celebrating LIFE’s partnership with American Humane.
- ★ Families First awarded me its Harriet Goldstein Award for helping Palm Beach County’s most underserved children and families.



**Lois Pope puts Families First:
Boa Nyguen presents Lois with The Harriet
Goldstein Award for helping Palm Beach
County's most underserved families.**

I clearly recognize that while I've been the one at the receiving end of these awards, plaques, and proclamations, my accomplishments are our accomplishments. You have all been my rock that keeps me grounded, and at the same time, your enthusiasm, love, and support are the engine that propels me forward. For what LIFE has achieved has been, and always will be, driven by our collective commitment to purpose and mission.

So let me extend my deepest gratitude to every one of you -- today, this week, throughout this month, and in the years and years to come! After all, as President Kennedy once said, “As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them.”

With Love Always,

Lois

A SPECIAL CELEBRATION OF LIFE AND AMERICAN HUMANE'S PARTNERSHIP TO
HONOR AMERICAN HUMANE'S LONGTIME FRIEND AND SUPPORTER

Lois Pope

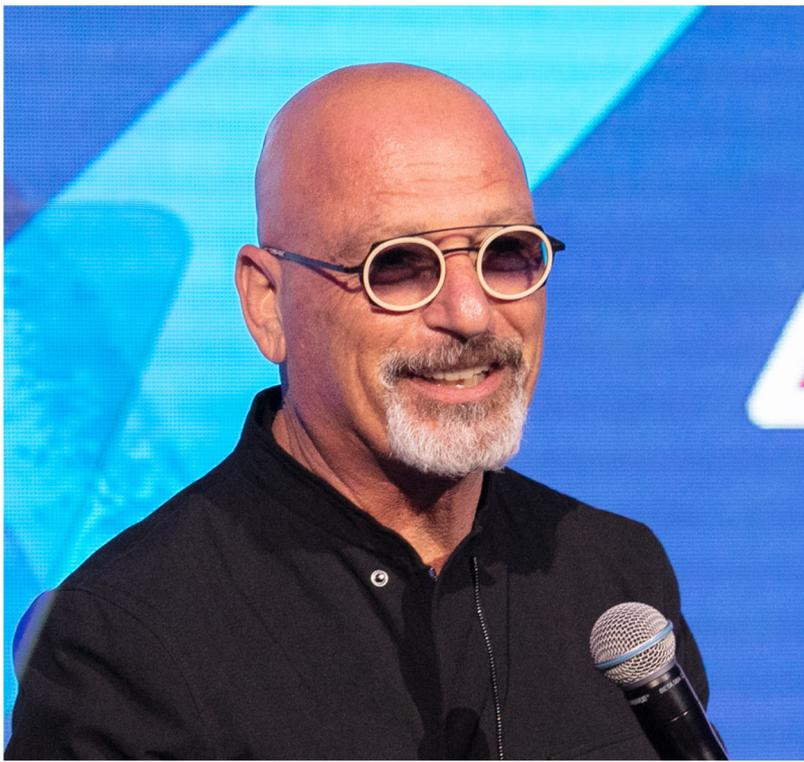
HOSTED BY DR. ROBIN GANZERT WITH MRS. TOVA LEIDESDORF





Lois' Sweet 16!

thrown by Magen David Adom, Israel's National Emergency Service, in honor of her generosity and the 15 (soon to be 16) Ambulances she has donated.



May Funnies

♥♥ life is ♥♥
BETTER WITH



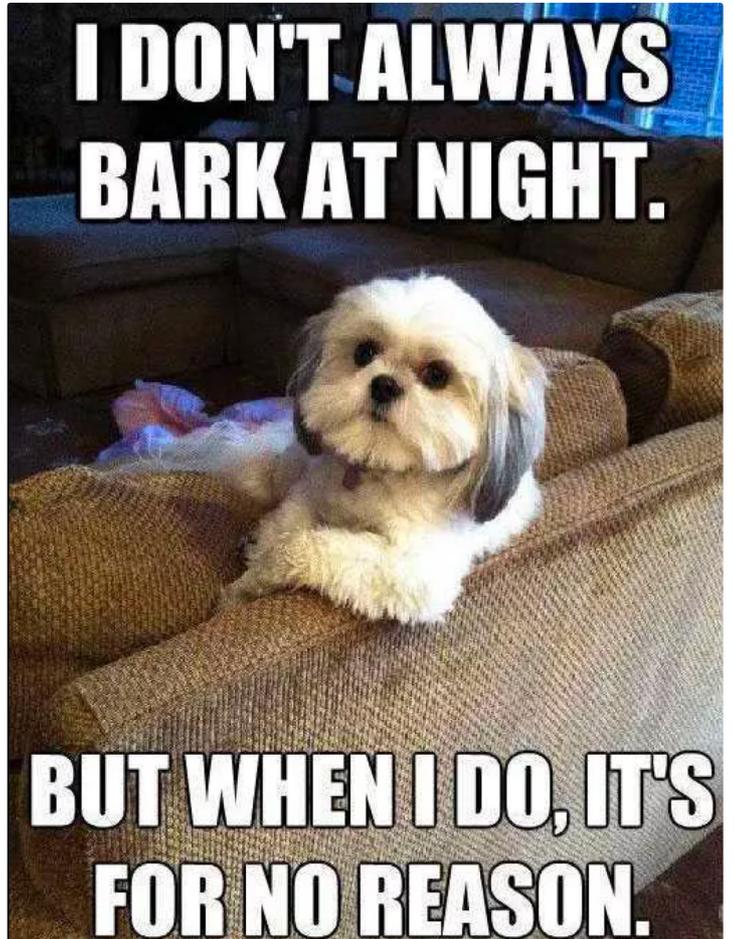
JOY JOY!
LIFE'S Mascot



Thank You to all Dogs



**My truck load of
antidepressants
has arrived.**



SAVE THE DATE

**Lois Pope and the Board of LIFE
proudly present LIFE's 30th Annual**

LADY IN RED GALA

Starring

Jay Leno

&

Rita Rudner

**The Breakers, Palm Beach
March 17, 2024**

life@life-edu.org

561.582.8083

www.life-edu.org

***Reserve your tables
and sponsorships early
for what promises to be
a truly historic event.***

**Proceeds benefit:
Disabled Veterans
through American Humane's
"Pups4Patriots" Program
and South Florida youth through
Palm Beach County Food Bank's
Lois' Food4Kids Program.**



**For more information,
visit www.life-edu.org or call 561-582-8083.**