

# LIFE notes

*LIFE prides itself on helping those in need and for being the champion for those who cannot speak but who enrich our lives and everyday make us a little more... human.*

November 17, 2020

## *Give Thanks Edition*



Dear Friends:

Thanksgiving is my favorite holiday - and I'm sure I'm not alone. Who doesn't enjoy the turkey (or tofurkey), cranberry sauce, sweet potato casserole, roasted veggies and, of course, lots of pie. It is the number one holiday for families to get together and enjoy a scrumptious meal, watch football and holiday movies, and play games. It's the famous Norman Rockwell Thanksgiving painting come to life.

Except for the several hundred thousand families right here in Palm Beach County, and the millions more around the region and country, who are mired in food insecurity. For them, and especially for their children, that painting is more like an abstract mishmash. Indeed, some 200,000 families - including more than 60,000 children - in the Palm Beach region do not know where their next meal is going to come from. An incredibly alarming one in five children are going hungry each and every night!

COVID-19 is only exacerbating this tragic situation. Even before the pandemic, more than 60% of all schoolchildren in the county qualified for free or reduced fee breakfast and lunch. Over the past nine months -- with schools being closed in the spring and summer for the health crisis - and now with COVID-19 surging once again, resulting in children having to do school from home at least part of the time -- the Palm Beach County Food Bank is working 24/7 non-stop to feed these children and their families.

I'm asking for your help. I'm sure you will agree that no child should ever go hungry - and especially at Thanksgiving! So, as you sit down with your family for your holiday meal - either in person (socially-distanced, of course) or through Zoom, and as you count your blessings for the bountiful food on your table, think of all the food-bare kitchen and dining room tables here in our own backyard...think of the children who might not be able to share in the traditional feast.

(Dear Friends continued)

And then join me in taking action. Please make a donation to the Palm Beach County Food Bank and specifically its Lois' Food4Kids program. As an incentive for you, I am going to kick off this campaign with my own \$50,000 contribution.

I can't think of a better way to celebrate the true spirit of the holiday - the true spirit of "giving thanks" - than by ensuring that children in need right in our own backyard have the opportunity to savor a turkey drumstick, some candied yams, and some apple pie.

Thank you, and may you all be blessed with good health and happiness.

With Love,  
*Lois*

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### *Upcoming Events*

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February 19, 2021

Lois Pope and LIFE's Board invite you to

**LIFE's 27th Annual Lady in Red Gala**

**Starring Gladys Knight and Comedian Dana Carvey**

6:00 PM

Virtual Event

May 15, 2021

**American Military Hero Dog Monument Dedication**

12:00 PM

Tri-County Animal Rescue, Boca Raton, FL

To learn more or to donate, visit  
[www.life-edu.org](http://www.life-edu.org) or call 561.582.8083.