



# June Is Busting Out All Over

*with LIFE, Love,  
and a Legacy of Giving*

June 3, 2025



Dear Friends,

One of the most memorable songs from Rodgers and Hammerstein's hit Broadway show (and subsequent film ) "Carousel" is "June Is Bustin' Out All Over."

For all of us at LIFE and our many supporters, June is indeed "bustin' out all over," not to mention bursting and bustling with activity. We are already working hard to finalize plans for the **32nd Annual Lady in Red Gala**, the philanthropic event of the entire Palm Beach season, set for **Saturday, February 7, at The Breakers, Palm Beach**.

Beyond the amazing cocktail hour, sumptuous dinner, world-class entertainment, and, importantly, no long speeches, the Lady in Red provides a wonderful opportunity to showcase the life-saving and life-transforming work LIFE and I engender through our generosity. In fact, you can say that, like June, our generosity is "bustin' out" all over...especially here in Florida.

This work includes:



Providing Certified Service Dogs to Veterans suffering from the invisible wounds of war – Post Traumatic Stress Disorder and Traumatic Brain Injury. A recent study by Dr. Maggie O'Haire at the University of Arizona – the first NIH-funded study of its kind – found that these Service Dogs considerably lessen the negative, unhealthy symptoms of PTSD, including suicide, in the Veterans who receive them, including those who are given them by **Pups4Patriots**, LIFE's partnership with American Humane Society`.



Delivering backpacks filled with healthy meals and snacks to hungry children from food-insecure families in Palm Beach County through **Lois' Food4Kids** at the Palm Beach County Food Bank. These backpacks make a massive difference to the children when they are not in school – weekends, vacations, holidays, and extreme weather events – and don't have access to free or reduced-cost breakfast and lunch.



Through our initiative with Bascom Palmer Eye Institute, **Lois' Vision4Kids**, we provide free vision screenings to children ages 2-17 from throughout the area. If necessary, the children are given two free pairs of prescription eyeglasses (and a pair of sunglasses) so they can finally see the blackboard in their classrooms and read their school assignments. If they can't see, they can't learn.



Offering low-cost and even free veterinary care – a full complement of health, medicine, radiological, and surgical services – to pets living in low-income families, delivered by the top-notch doctors and other professionals at the **Lois Pope Pet Clinic at Tri-County Animal Rescue**, the only such center in the region to do so.

This is just a small sampling – there is so much more, including one near and dear to me. You may know that June is Alzheimer's & Brain Awareness Month. And when it comes to striving to find a cure and more effective treatments and therapies for that insidious disease, the month is "bustin' out all over" with very exciting news right from my office.

As you may be aware, my daughter Lorraine suffered from Alzheimer's before her death earlier this year. I wanted to honor her memory and do more to help others afflicted with the disease that progressively strips its victims of their memory, cognitive skills, and the ability to perform simple everyday tasks.

So, I have decided to make a **\$10 million gift to the University of Miami Miller School of Medicine** to jumpstart its efforts to find a cure and more effective therapies for it.

The donation will establish the **Lorraine Pope Neuroscience Research Fund at the University's Miller School of Medicine**. The Fund will support the advancement of research in Alzheimer's disease. In gratitude for the contribution, the University has offered to name an entity at the School of Medicine as the **Lois Pope Laboratory Wing**. It will be located in the **Lois Pope LIFE Center**, the building I endowed in 2000 to serve as the permanent home to The Miami Project to Cure Paralysis, the nation's foremost center for research and treatment of spinal cord injuries and other neurological diseases.

While there has been much progress over the past few years in therapies to slow Alzheimer's disease, early detection methods, and even how the disease develops in the brain, I wanted to give this work a real jolt. Plus, I wanted to do it at a place not only in my home state but also recognized for doing cutting-edge research in this discipline. That's why I'm giving this donation to the University of Miami Miller School of Medicine.

Perhaps in the month of June in the coming years, a cure will be "bustin' out all over" – thanks to all of our efforts and largesse. Until then....until the **32nd Annual Lady in Red....**

Love Always,

*Lois*





# BEACONS OF BRAVERY

Medal of Honor Recipient: *Patrick Henry Brady*



When Patrick Brady saw the Huey helicopter located in the new National Medal of Honor Museum, it took him straight back to Vietnam. “I got in it,” he says. “I checked it out, of course, and made sure it was authentic.” Brady, a retired Army major general, received the nation’s highest military award for valor—the Medal of Honor—for his actions on January 6, 1968, when he piloted multiple flights into a combat zone to rescue fifty-one wounded soldiers. He used three different Hueys that day, replacing his aircraft after each was hit with bullets or had its controls shot away.

Now Brady is one of the 3,528 Medal of Honor recipients celebrated at the new \$200 million museum in Arlington, which uses interactive and immersive exhibits to tell medalists’ stories. “These are just ordinary people who in a moment of extreme danger or stress did something extraordinary, and we all have that potential in us,” says Cory Crowley, the museum’s executive vice president.

The Medal of Honor, established during the Civil War in 1861, is awarded by the President of the United States in the name of Congress to members of the armed forces who distinguish themselves “conspicuously by gallantry and intrepidity at the risk of life above and beyond the call of duty.” It represents the highest recognition for heroism in combat and is a symbol of courage, sacrifice, and patriotism.

This summer, the museum will throw a Fourth of July barbecue alongside the Arlington Independence Day Parade. Brady says he hopes the events and exhibits stir patriotism in visitors. “What we did—valor, courage, whatever you want to call it—isn’t important. It’s only useful inasmuch as it’s inspirational. The medal is just a symbol.”





# Dancing Toward Wellness:

## How One Dance Studio Promotes Health and Happiness Through Ballroom Dancing



In North Canton, Ohio, Prestige Ballroom Dance Studio is making waves—not just on the dance floor but in the realm of health and wellness. Co-owners and instructors, husband-and-wife duo Michael and Sarah Thompson, have transformed their studio into a haven where individuals of all ages can experience the myriad benefits of ballroom dancing.

### Physical Fitness Through Dance

At Prestige Ballroom, dance is more than an art form; it's a full-body workout. Regular sessions help improve cardiovascular health, enhance flexibility, and build muscle strength. "Many of our students are surprised at how much of a workout they get," says Michael. "It's a fun way to stay active without the monotony of traditional exercise routines."

### Mental Health Benefits

Beyond physical fitness, ballroom dancing offers significant mental health advantages. Learning new steps and routines challenges the brain, improving memory and cognitive function. Sarah notes, "We've seen students gain confidence and reduce stress through dance. It's therapeutic."

### Community and Connection

Group classes and social dance events foster connections among participants, combating feelings of isolation. "Our Friday night socials are a hit," shares Sarah. "People come for the dance but stay for the friendships."

### Join the Movement

Experience the transformative power of dance at your local dance studio and discover how a few steps can improve your health, happiness, and sense of community, as well as your dance moves for the next *Lady in Red Gala!*

A stylized illustration of a woman with blonde hair in an updo, wearing a long, flowing red gown. She is shown from the back, with her left hand on her hip. The background is white with several yellow starburst and red four-pointed star graphics scattered around.

LOIS POPE AND LIFE CELEBRATE  
LIFE'S 32<sup>ND</sup> ANNUAL

# LADY IN RED GALA

**FEBRUARY 7, 2026** ✨ **6PM**  
THE BREAKERS | PALM BEACH

---

STARRING  
WORLD-RENOWNED SUPERSTARS

## THE TEMPTATIONS

AND  
COMEDIENNE EXTRAORDINAIRE ✨  
**RITA RUDNER**

---

*Reserve your tables and  
sponsorships early for  
what promises to be  
a truly historic event.*

*life@life-edu.org*

*561.582.8083*

*life-edu.org* ✨