

*LIFE prides itself on helping those in need and for being the champion  
for those who cannot speak but who enrich our lives  
and every day make us a little more ... human.*

## **LIFE Springs Into May With an Attitude of Gratitude**

May 15, 2023



Dear Friends:

As with all the months of the year, May is filled with days and weeks celebrating, commemorating, and observing everything from the silly to the serious, from the frivolous to the inspirational.

There is "Intergalactic Star Wars Day" (May the 4th be with you!) and National Home Front Heroes Day (May 9). There is Stomp Out Hunger Food Drive Day (May 13). There is "Cinco de Mayo" (or, as some call it, National Guacamole and Margherita Day), and there is Mother's Day, always the second Sunday of the month, as all our friends in the greeting card, chocolate, and flower industries remind us.



**Lois Pope with the proclamation from  
Palm Beach County commissioners declaring  
April 4 as Lois Pope Day!**

***"Gratitude is not only the  
greatest of virtues, but the  
parent of all the others."***

***--Marcus Tullius Cicero***

There is Be Kind to Animals Week, designated by our partners at American Humane as the first week of May, and National Teacher's Week, the second week of the month. And, of course, May is Mental Health Awareness Month and National Physical Fitness and Sports Month, and of special importance, Military Appreciation Month.

To be sure, not a day in May goes by when we don't express our gratitude to someone or something and in some fashion.

Expressing gratitude, however, should never be confined to one particular day, or week, or month. It should be a 24/7/365 principle – not just because it is right but also because offering a simple thank you can make all the difference in your life and in the lives of others. I remember as a young schoolgirl learning the words of the ancient Roman philosopher Cicero: "Gratitude is not only the greatest of virtues but the parent of all others."

Then again, gratitude should not be a means to an end. Indeed, what we at LIFE have achieved over the past three decades – giving voice to the voiceless, giving strength to the weakest and most vulnerable – has been, and always will be, driven by our collective commitment to purpose and mission.

With that said, there has been an attitude of gratitude in the air, and I'm so grateful to declare:

- ★ Palm Beach County Commissioners designated April 4, 2023, as “Lois Pope Day” to thank me – and by extension, all of you – for creating and supporting hungry children in the region through the Lois’ Food4Kids program at the Palm Beach County Food Bank.
- ★ Magen David Adom, Israel’s National Emergency Service, threw me a Sweet Sixteen party to express gratitude for the 15 ambulances (soon to be 16 ambulances) I have donated, all in honor of LIFE friends such as Tova Leidesdorf.
- ★ American Humane, LIFE’s longtime partner in animal welfare and well-being, honored me twice, presenting me with its inaugural Betty White Legacy Award, followed by a party hosted by Dr. Robin Ganzert and Tova Leidsdorf celebrating LIFE’s partnership with American Humane.
- ★ Families First awarded me its Harriet Goldstein Award for helping Palm Beach County’s most underserved children and families.



**Lois Pope puts Families First:  
Boa Nyguen presents Lois with The Harriet  
Goldstein Award for helping Palm Beach  
County's most underserved families.**

I clearly recognize that while I've been the one at the receiving end of these awards, plaques, and proclamations, my accomplishments are our accomplishments. You have all been my rock that keeps me grounded, and at the same time, your enthusiasm, love, and support are the engine that propels me forward. For what LIFE has achieved has been, and always will be, driven by our collective commitment to purpose and mission.

So let me extend my deepest gratitude to every one of you -- today, this week, throughout this month, and in the years and years to come! After all, as President Kennedy once said, “As we express our gratitude, we must never forget that the highest appreciation is not to utter words, but to live by them.”

With Love Always,

*Lois*



A SPECIAL CELEBRATION OF LIFE AND AMERICAN HUMANE'S PARTNERSHIP TO  
HONOR AMERICAN HUMANE'S LONGTIME FRIEND AND SUPPORTER

*Lois Pope*

HOSTED BY DR. ROBIN GANZERT WITH MRS. TOVA LEIDESDORF









*Lois' Sweet 16!*

*thrown by Magen David Adom, Israel's National Emergency Service, in honor of her generosity and the 15 (soon to be 16) Ambulances she has donated.*





# May Funnies

♥♥ life is ♥♥  
**BETTER WITH**



*JOY JOY!  
LIFE'S Mascot*



**WHAT IS IT?**

**MUST BE A BURGLAR,  
HE'S WEARING A MASK**

*Thank You to all Dogs*



*Saving Humans Everyday*

**My truck load of  
antidepressants  
has arrived.**



**I DON'T ALWAYS  
BARK AT NIGHT.**

**BUT WHEN I DO, IT'S  
FOR NO REASON.**



# SAVE THE DATE

Lois Pope and the Board of LIFE  
proudly present LIFE's 30th Annual

## LADY IN RED GALA

*Starring*

*Jay Leno*

*&*

*Rita Rudner*

**The Breakers, Palm Beach  
March 17, 2024**

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*Reserve your tables  
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Proceeds benefit:  
Disabled Veterans  
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and South Florida youth through  
Palm Beach County Food Bank's  
Lois' Food4Kids Program.



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